

# Sherington Newsletter



4<sup>th</sup> March 2016

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## DATES TO REMEMBER

### Spring Term 2

Monday 22<sup>nd</sup> February - Thursday 24<sup>th</sup> March

### Easter Holiday

Friday 25<sup>th</sup> March - Monday 11<sup>th</sup> April

### Summer Term 1

Tuesday 12<sup>th</sup> April - Friday 27<sup>th</sup> May

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## Attendance

Congratulations to 3C who won the attendance cup this week with 99.7% attendance.

## Dinner Money

Spring Term 2: £33.60

Monday 22<sup>nd</sup> February - Thursday 24<sup>th</sup> March

**Advance Notice:** from 1st April 2016 school meals will increase by 20p daily taking the daily fee to £1.60 and the weekly charge to £8.00.

## Thank you!

We would like to say a big thank you to the Friends of Sherington for their generous donation towards Science Week.

## School Trips

Both Year 4 classes visited Lewisham Synagogue as part of their Religious Education studies in school, focusing particularly on Judaism during this term.

Krishna in 4B said: 'It was such a great, informative trip. We learnt that the men have to wear hats out of respect and they sit in the middle of the Synagogue, separately from the women, who sit at the side or on the balcony. In the Synagogue they worship to only one god, not multiple gods'.

## Friends of Sherington

Reminder that tonight is the Quiz Night starting at 8pm, Blackheath Rugby Club. Tickets are £5.

## Staff News

It is with great sadness that we are losing both Mr. Olney and Mrs. White at the end of this term.

Mr. Olney is relocating to Norfolk and Mrs. White will be spending more time with her young family.

I am sure, along with the staff and students, you wish them all the very best for the future.

## Music News

Our Senior Band spent Monday morning at the town hall in Woolwich for the Greenwich Council's Fair Trade event. We provided musical entertainment for the Mayor of Greenwich, as well as 6 other local primary schools and council members. There were lots of stalls at the event promoting Fair Trade goods, where the farmers and workers get a fair, living wage for the work they do to grow, harvest and package food that we buy. There was lots of fruit to taste and a smoothie bike! The children also made the most of the chocolatier, who had provided lots of dark and milk chocolate goodies for them to sample.

## Class Visit

2M had parent volunteers (David Tosh's Mum and Dad) who came in to class on Wednesday afternoon to talk about African foods-they focused on food from Nigeria and the children learnt lots. They also cooked food and all the children got to taste Jollof rice, fried plantain, chicken drumsticks and puff puffs

## Free Walking For Health

### Volunteer Walk Leader Training

For individuals who would like to offer as little as one hour per week as a Volunteer Walk Leader on the Greenwich Get Walking Programme.

The training is a one day course which covers health benefits and barriers, risk assessing, group management, insurance and a demonstration walk.

Date: 24<sup>th</sup> March 2016.

Venue: The Valley, Charlton

Trainees will be expected to commit to regularly co-leading a walk on the Greenwich Get Walking Programme. New walks can be discussed.

To take advantage of this opportunity or to find out more please contact Ollie Golding, Healthy Walks Co-ordinator. [ollie.golding@cact.org.uk](mailto:ollie.golding@cact.org.uk)

## Cake Swap Update!

Your Food Bank Donations will feed 43 people for 3 days!

On Tuesday 1<sup>st</sup> March, we held our first ever cake swap. This novel idea for supporting the local food bank came from School Council members in one of their meetings. The Cake Swap was attended by Revd Margaret Cave from the Forum in East Greenwich and Esther, one of the volunteers at the welcome centre. They were bowled over by the enthusiasm of the children, and generosity shown by all at Sherington - children and adults alike.

The food and toiletries donated weighed 298.4kg using their formula, it's enough to feed 43 people for 3 days.

What a brilliant achievement. Thanks to everyone who came along to support it, or who sent in donations. The children will find out what happened to the contributions once it left the school at an assembly in the not too distance future.

WK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
07/03	Pizza with Crushed New Potatoes  Quorn Sausages with Crushed New Potatoes  Jacket Potato with Cheese  Sweetcorn & Mixed Salad Coconut Infused Rice Pudding	Organic Beef Bolognese with Pasta Pipes  Vegetarian Spaghetti Bolognese  Jacket Potato with Veg Bolognese  Fresh Carrots  Iced Sponge with Custard	Lemon Roast Chicken with Gravy & Roast Potatoes  Fresh Vegetable Crumble & Roast Potato  Jacket Potato with Baked Beans  Seasonal Vegetable Medley  Fruity Pineapple Crush Jelly	Homemade Organic Chicken Sausage Roll with Creamed Potatoes  Red Vegetable Chilli with Mexican Rice  Jacket Potato with Tuna & Sweetcorn  Baked Beans & Peas  Fresh Melon Fest	MSC Lemon & Pepper Fish Gojuons with Chipped Potatoes  Mac n Cheese with Garlic & Herb Focaccia Bread  Jacket Potato with Baked Beans  Fresh Roasted Root Vegetables  Homemade Jam Buns with Custard