

Hold On  
Wilson Phillips

I know there's pain  
Why do you lock yourself up in these  
chains?  
No one can change your life except for you  
Don't ever let anyone step all over you  
Just open your heart and your mind  
Is it really fair to feel this way inside?

Oh  
Some day somebody's gonna make you want  
to  
Turn around and say goodbye  
Until then baby are you going to let them  
Hold you down and make you cry  
Don't you know?  
Don't you know things can change  
Things'll go your way  
If you hold on for one more day  
Can you hold on, for one more day  
Things'll go your way...  
Hold on for one more day

You could sustain  
Or are you comfortable with the pain?  
You've got no one to blame for your

unhappiness

You got yourself into your own mess  
Letting your worries pass you by  
Don't you think it's worth your time  
To change your mind?

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Hold you down and make you cry  
Don't you know?

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If you hold on for one more day  
Can you hold on for one more day  
Things'll go your way  
Hold on for one more day

I know that there is pain  
But you hold on for one more day and  
Break free the chains  
Yeah I know that there is pain  
But you hold on for one more day and you  
Break free, break from the chains

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