

# WEEK 3

W/C: 02/05 23/05 20/06 11/07 05/09 26/09  
17/10

	HOT SPECIALS...	DAILY FAVES...	SIDES...	PICK A PUD!	
MONDAY	<b>Cheese &amp; Tomato Pizza with Garlic Bread</b> 🍕🍷 Cheesy Tomato topped Pizza Slice	<b>Vegetarian Sausage with Mashed Potato and Gravy</b> 🍷🍷 Veggie sausage and mash with rich gravy	<b>Jacket Potato</b> 🍷🍷 With Cheese or Baked Beans <b>Tomato Pasta</b> 🍷🍷 Fresh, homemade tomato and basil sauce with penne pasta	<b>Peas and Carrots</b>	<b>Oaty Biscuit with Fruit Slices</b> 🍌🍷
TUESDAY	<b>Sausage and Mash</b> Chicken Sausage served with mash and rich gravy	<b>Veggie Balls in Tomato Sauce with Pasta</b> 🍷🍷 Delicious veggie balls in a tasty tomato sauce with pasta	<b>Jacket Potato</b> 🍷🍷 With Cheese or Baked Beans <b>Tomato Pasta</b> 🍷🍷 Fresh, homemade tomato and basil sauce with penne pasta	<b>Sweetcorn and Broccoli</b>	<b>Apple and Carrot Yoghurt Muffin</b> 🍌
WEDNESDAY	<b>Roast Chicken with Roast Potatoes &amp; Gravy</b> Succulent roast chicken with fluffy roasties and tasty gravy	<b>Butternut Squash and Potato Pastry Slice with Roast Potatoes and Gravy</b> 🍷 A chunky butternut squash and potato pastry slice	<b>Jacket Potato</b> 🍷🍷 With Cheese or Baked Beans <b>Tomato Pasta</b> 🍷🍷 Fresh, homemade tomato and basil sauce with penne pasta	<b>Carrots and Cabbage</b>	<b>Strawberry Ice Cream</b>
THURSDAY	<b>Beef Burrito</b> 🍷🍷 A soft wrap filled with lightly spiced beef and rice	<b>Vegetable Biryani</b> 🍷🍷 Mildly spiced Indian rice dish	<b>Jacket Potato</b> 🍷🍷 With Cheese or Baked Beans <b>Tomato Pasta</b> 🍷🍷 Fresh, homemade tomato and basil sauce with penne pasta	<b>Green Beans and Sweetcorn</b>	<b>Chocolate Sponge Cake</b>
FRIDAY	<b>Battered Fish Fillet and Chips</b> Crispy fish fillet with scrummy chips	<b>Veggie Soft Taco and Chips</b> 🍷🍷 A soft taco shell filled with a yummy veggie tomato chilli	<b>Jacket Potato</b> 🍷🍷 With Cheese or Baked Beans <b>Tomato Pasta</b> 🍷🍷 Fresh, homemade tomato and basil sauce with penne pasta	<b>Baked Beans and Peas</b>	<b>Banana &amp; Apricot Flapjack</b> 🍌

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**Chartwells**  
So much more than Fantastic Food

# THREE WEEK MENU

SPRING/SUMMER 2022

OUR NEW MENU  
CHOSEN BY  
PARENTS AND  
CHILDREN

YOUR  
FAVOURITES  
AVAILABLE  
EVERY DAY



**ENJOY SOME YUMMY  
NEW TASTES EVERY TUESDAY!**

"HI, I'M CHEF ALLEGRA MCEVEDY - YOU MAY KNOW ME FROM CBBC'S JUNIOR BAKE OFF AND STEP UP TO THE PLATE. I'VE CREATED SOME NEW AND DELICIOUS DISHES FOR MY TAKEOVER TUESDAYS - I HOPE YOU LOVE THEM JUST AS MUCH AS I DO!"



# WEEK 1

W/C: 18/04 09/05 06/06 27/06 18/07 12/09 03/10

## HOT SPECIALS...

## DAILY FAVES...

## SIDES...

## PICK A PUD!

MONDAY

**Cheese & Tomato Pizza with Garlic Bread** 🌱 🍷  
Cheesy tomato topped pizza slice

**Macaroni Cheese** ♻️  
Traditional Mac 'N' Cheese, delicious macaroni in a creamy cheese sauce

**Jacket Potato** 🍷 ♻️  
With Cheese or Baked Beans  
**Tomato Pasta** 🌱 ♻️  
Fresh, homemade tomato and basil sauce with penne pasta

**Green Beans and Sweetcorn**

**Raspberry Ripple Ice Cream**

TUESDAY

**Allegra's BBQ Chicken Burger, Corn and Pineapple Relish with Potato Wedges**  
BBQ chicken breast burger with zingy corn relish

**Allegra's Broccoli And Cauliflower Cheese Pie with Mashed Potato** ♻️  
Cheesy broccoli and cauliflower with a shortcrust topping

**Jacket Potato** 🍷 ♻️  
With Salmon Mayonnaise, Cheese or Baked Beans 🐟  
**Tomato Pasta** 🌱 ♻️  
Fresh, homemade tomato and basil sauce with penne pasta

**Peas and Broccoli**

**Secret Brownie**

WEDNESDAY

**Roast Chicken with Roast Potatoes & Gravy**  
Succulent roast chicken with fluffy roasties and tasty gravy

**Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy** ♻️ 🍷  
A chunky sweet potato and chickpea roast

**Jacket Potato** 🍷 ♻️  
With Cheese or Baked Beans  
**Tomato Pasta** 🌱 ♻️  
Fresh, homemade tomato and basil sauce with penne pasta

**Carrots and Cabbage**

**Shortbread Biscuit with Fruit Slices** 🍓

THURSDAY

**Beef Bolognese** 🍷 🍷  
A classic italian bolognese in a yummy tomato sauce served with pasta

**Quorn Hot Dog with Potato Wedges** ♻️  
A delicious Quorn hot dog

**Jacket Potato** 🍷 ♻️  
With Cheese or Baked Beans  
**Tomato Pasta** 🌱 ♻️  
Fresh, homemade tomato and basil sauce with penne pasta

**Broccoli and Sweetcorn**

**Berry & Peach Oaty Crumble with Custard** 🍓 🍓

FRIDAY

**Battered Fish Fillet and Chips**  
Crispy fish fillet with scrummy chips

**Quorn Nuggets and Chips** ♻️  
Crispy Quorn nuggets with their fave sauce - ketchup

**Jacket Potato** 🍷 ♻️  
With Cheese or Baked Beans  
**Tomato Pasta** 🌱 ♻️  
Fresh, homemade tomato and basil sauce with penne pasta

**Baked Beans and Peas**

**Orange, Sultana & Carrot Slice**

# WEEK 2

W/C: 25/04 16/05 13/06 04/07 29/08 19/09 03/10

## HOT SPECIALS...

## DAILY FAVES...

## SIDES...

## PICK A PUD!

MONDAY

**Veggie Bolognese** ♻️ 🍷  
Yummy veggie Bolognese with pasta

**Cheese & Tomato Pizza with Garlic Bread** 🌱 🍷  
Cheesy tomato topped Pizza Slice

**Jacket Potato** 🍷 ♻️  
With Cheese or Baked Beans  
**Tomato Pasta** 🌱 ♻️  
Fresh, homemade tomato and basil sauce with penne pasta

**Carrot Sticks and Cucumber Sticks**

**Flapjack with Fruit Slices** 🍓 🍷

TUESDAY

**Allegra's Asian Sticky Noodles**  
Chicken and vegetables in sweet sauce with noodle

**Veggie Korma with Rice** ♻️ 🍷 🍷  
A Vegetarian version of the classic mild Korma with roast Cauliflower & Chickpeas

**Jacket Potato** 🍷 ♻️  
With Cheese or Baked Beans  
**Tomato Pasta** 🌱 ♻️  
Fresh, homemade tomato and basil sauce with penne pasta

**Broccoli and Peas**

**Orange Shortbread with Fruit Slices** 🍓

WEDNESDAY

**Prime Roast Beef with Roast Potatoes & Gravy**  
Prime roast beef with fluffy roasties and tasty gravy

**Creamy Vegetable Pie with Roast Potatoes and Gravy** ♻️  
Creamy vegetable pie with a cheesy shortcrust topper

**Jacket Potato** 🍷 ♻️  
With Cheese or Baked Beans  
**Tomato Pasta** 🌱 ♻️  
Fresh, homemade tomato and basil sauce with penne pasta

**Cabbage and Carrots**

**Raspberry Yoghurt Cake**

THURSDAY

**Jerk Chicken with Rice and Peas**  
Delicious Jerk spiced chicken served with rice and peas

**Mild Chickpea and Potato Curry with Rice** ♻️ 🍷 🍷  
Tasty chickpea and potato curry served with rice

**Jacket Potato** 🍷 ♻️  
With Cheese or Baked Beans  
**Tomato Pasta** 🌱 ♻️  
Fresh, homemade tomato and basil sauce with penne pasta

**Green Beans and Sweetcorn**

**Fruity Chocolate Brownie** 🍓

FRIDAY

**Golden Fish Fingers and Chips**  
Crispy fish fingers with scrummy chips

**The Incredible Burger served with Chips** ♻️  
Meatless burger in a soft bap with ketchup

**Jacket Potato** 🍷 ♻️  
With Cheese or Baked Beans  
**Tomato Pasta** 🌱 ♻️  
Fresh, homemade tomato and basil sauce with penne pasta

**Peas and Baked Beans**

**Vanilla Ice Cream**

**AVAILABLE EVERY DAY**  
WATER, SALAD, FRESHLY BAKED BREAD,  
YOGHURT & FRESH FRUIT

🌱 Vegetarian 🐟 Oily fish 🍷 Wholegrain 🍓 Fruity! 🍷 Nutritionist's Choice